

ComPsych GuidanceResources Employee Assistance Program

New Program Starting July 1, 2021
All non- AFSCME Council 31 eligible

Free, Confidential, 24/7 Assistance

Our counseling, self-improvement tools and solutions for everyday issues can help you be your best, at home and at work.

NEW FIVE (5) sessions of short term counseling available per person, per issue per year virtually or in person

NEW unlimited legal and financial telephonic consultations

NEW unlimited work life research and referral to elder care, child care, relocation, and more.

NEW digital tools thru myStrength CCBT and GuidanceResources.com

